



BEFORE YOUR LABIAPLASTY PLEASE DO THE FOLLOWING

- Shave or wax all the hair on you vulva and between the vagina and anus, 4 days before your surgery.
(We need the skin to heal for 4 days until the surgery to avoid skin infections from the shaving or waxing affecting the surgery).
- No sex for 4 days before the surgery to prevent infection/trauma to the skin.

Please get these items before the surgery:

1: Vaseline (large tube/container)

2: Granny panties that are loose. No tight underwear or thongs allowed for a week after surgery.
(This will help prevent scarring from occurring.)

3: Panty liners

4: Dove soap.

5: Please get the prescriptions from Dr Gerber filled before the surgery: Keflex and Bactroban, unless you have allergies to these.

Start the Keflex oral antibiotics (e.g. Keflex) the night before your surgery.